DON'T JUST SURVIVE YOUR PHD. THRIVE.

a safe, compassionate, confidential space for WOMEN graduate students to share, discuss, explore our experiences and difficulties with academic work and life.

In cooperation with the ZENTRALE STUDIENBERATUNG (ZSB)

HOW IT WORKS
This is a peer-facilitated group that will meet weekly. We will support each other, however the group does not provide psychotherapy. The preferred language will be English.

CONTACT FOR MORE INFORMATION
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TOGETHER WE CAN

SHARE & VALIDATE experiences as graduate students normalize difficulties and fight stigma

EXPLORE & REIGNITE a sense of purpose and passion

IDENTIFY resources strategies and actionable steps

ACT toward an academic life that is both fulfilling and meaningful

FIRST MEETING
THURSDAY 26th NOVEMBER 16:00-18:00
LOCATION To Be Confirmed