DON’T JUST SURVIVE YOUR PHD. THRIVE.

a safe, compassionate, confidential, WOMEN*-focused space for graduate students to share, discuss, explore our experiences and difficulties with academic work and life.

In cooperation with the ZENTRALE STUDIENBERATUNG (ZSB)

HOW IT WORKS
This is a peer-facilitated group that meets weekly. We will support each other; however, the group does not provide psychotherapy. The preferred language will be English.

CONTACT FOR MORE INFORMATION
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TOGETHER WE:

SHARE & VALIDATE experiences, normalize difficulties and fight stigma

*STAND IN SOLIDARITY
The group welcomes everyone who identifies as a woman and/or can relate to the experience of being under-represented, marginalized and discriminated based on their gender and identity

IDENTIFY resources, strategies and actionable steps

WHEN
WEEKLY ON FRIDAY 11:00-12:00
Location: ZSB