Sustainable travel abroad - is it possible?

Silvia Stitzenberger, a student from Bielefeld, went to Oulu (Finland) for an Erasmus semester in 2020 – and got there without resorting to flying. To find out how she travelled more than 2000 kilometres from Bielefeld to Oulu and how much CO2 she saved in the process, please read her report at https://www.studieren-weltweit.de/umweltfreundlich-ins-auslandssemester/

As she recounts: “Travelling abroad more sustainably was not only good for the environment, but also for me! Not only did I arrive very relaxed, but I also had more time to really look forward to my stay abroad. The journey made me aware of just how far away Oulu is from Bielefeld and how gradually the landscape and climate change along the way.”

The new Erasmus programme generation 2021-2027 has set itself the goal of particularly promoting travel based on sustainability and environmental consciousness: https://eu.daad.de/programme-und-hochschulpolitik/erasmus-ab-2021/erasmusplus-green/de/

Click here to find out how to calculate your personal CO2 footprint and what options are available for offsetting it:

**Links to CO2 calculator & offsetting CO2**

- https://uba.co2-rechner.de/de_DE/
- https://www.quarks.de/umwelt/klimawandel/co2-rechner-fuer-auto-flugzeug-und-co/
- https://www.quarks.de/umwelt/klimawandel/das-bringt-es-co2-emissionen-zu-kompensieren/

**More field reports with tips on sustainable travel**

- https://www.studieren-weltweit.de/nachhaltig-im-auslandssemester/
- https://www.studieren-weltweit.de/veganer-survival-guide/
- https://www.studieren-weltweit.de/interview-nachhaltigkeit-lara-nepal/
- https://www.studieren-weltweit.de/nachhaltig-leben-im-auslandssemester-erstes-fazit-nach-4-wochen/