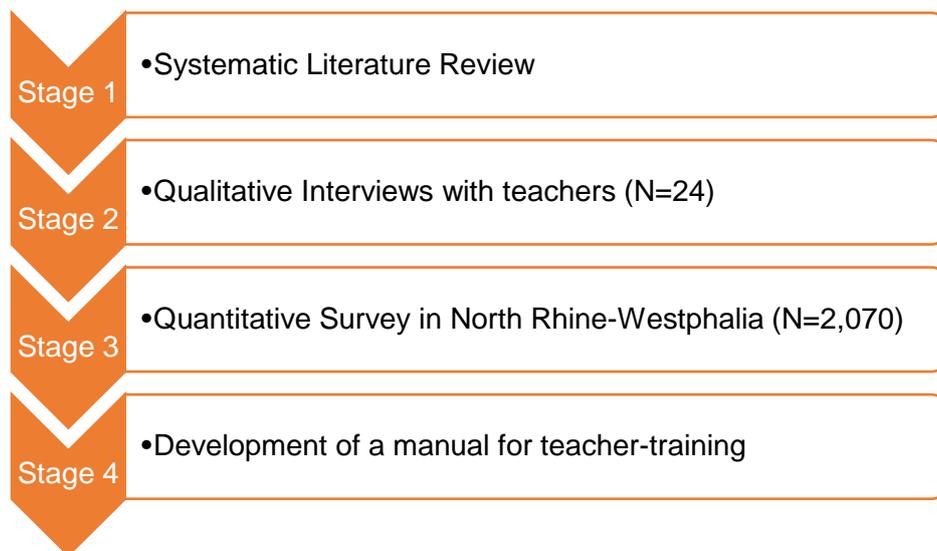




TEACHER-MHL

Health promotion for children of mentally ill parents. Assessment and promotion of teacher-specific mental health literacy (March 2015 – March 2018)

The HLCA subproject “Teacher-MHL” will investigate reliable knowledge of teachers in different types of schools (grade 1 – 6) who are dealing with pupils experiencing a critical life-event such as the mental illness of a parent and thus running a higher risk of health disorders. In addition, a programme will be developed for the further training of teachers in different types and levels of schools. Addressing the teachers’ mental health literacy (MHL) is highly innovative and gives reason to expect a high degree of effectiveness of the aimed programme. The project will gain first insights into the extent of mental health literacy in a professional group that is in close contact with the target group. In this way, the HLCA network will test a promising health promotion approach to improve the health of children and adolescents by enhancing profession-specific mental health literacy. The empirical research will comprise different stages and is based on a mixed-method design.



The cooperation project (Bielefeld University / University of Education Freiburg) is mainly located at the University Bielefeld, Faculty of Education, Centre for Prevention and Intervention in Childhood and Adolescence. The project leader is [Prof. Ullrich Bauer](#). [Dirk Bruland](#) is responsive to the operational area. In the third year of the cooperation with the University of Education Freiburg, [Prof. Uwe Bittlingmayer](#) will help to outline the didactic-pedagogical strategy of the training programme by taking up the state-of- the-art in pedagogy and in prevention research.

We are looking forward to informing the audiences around the world on science and research.

Further details and information online:

www.uni-bielefeld.de/zpi/