

Toolbox Health Literacy Interventions in Childhood and Adolescence



Project background

Tool-HLCA is a subproject of the German Health Literacy in Childhood and Adolescence (HLCA) consortium, running from March 2018- February 2021. The subproject addresses the question of how to promote the health literacy of children and young people in Germany.

Its overall project goal is the development of a practical toolbox and guide for the promotion of health literacy in childhood and youth.

Scope and methodological Approach

Central elements are (a) a systematic review of existing programs and strategies, (b) the development of an evaluation tool to assess the quality of the identified interventions and (c) the development of a toolbox with a selection of best practice examples and tools to promote health literacy. The interventions should target children up to 18 years of age.

Central components of the **HLCA-Toolbox** are:

- a) an inventory and evaluation of available health literacy programmes and strategies for children and young people;
- b) validated criteria for evaluating and assessing the quality of the programmes and their adaptation to specific contexts;
- c) support tools and recommendations for the planning, implementation and evaluation of interventions to promote health literacy in the target group in Germany.

The toolbox particularly aims at various actors in research and practice. It can therefore be used (1) to evaluate the applicability and quality of available health literacy programs and strategies and (2) as a collection of methods for promoting health literacy among children and young people.

The sub-project Tool-HLCA builds on the research work of the predecessor project "TeCoMo" (first HLCA funding phase 2015-18): the conceptual understanding of health literacy in childhood and adolescence forms the conceptual basis for Tool-HLCA. Tool-HLCA closely cooperates with the other subprojects of the HLCA consortium, since the projects benefit from each other during implementation and dissemination phase.

HLCA-Tool is located at the Centre for Prevention and Intervention in Childhood and Adolescence (CPI) at Bielefeld University. The Project is carried out by Janine Bröder with support by Anna Goedecke, under the leadership of Prof Ullrich Bauer and Dr Paulo Pinheiro.

We are looking forward to informing audiences around the world on science and research.